

# McCain Our Menu Signatures

## SWEET POTATO FRIES



FOODSERVICE  
SOLUTIONS

### 11MM

McCain Sweet Potato Fries are flavoursome and provide great plate coverage – a sweeter and eye-catching side dish to add to your menu.

### PRODUCT INFORMATION



#### Product Code

6946

#### Inner Barcode

6009650904397

#### Outer Barcode

16009650904264

#### Pack Size

4 x 2.5kg

#### Shelf Life

18 Months

#### Storage Temp

< -18°C

#### Storage

Before opening store at -18°C or below

After opening reseal the bag and store at -18°C or below

### COOKING INSTRUCTIONS

FOR BEST RESULTS, COOK DIRECTLY FROM FROZEN. DO NOT OVERCOOK.

DUE TO VARYING CONDITIONS, COOKING TIME STATED SHOULD BE USED AS A GUIDE ONLY.



#### DEEP FRY

1. Deep fry McCain Our Menu Signatures Sweet Potato Fries 11mm Straight Cut at 175°C for 2½-3 minutes or until light golden in colour.

### INGREDIENTS

Sweet Potatoes

Vegetable Oil

(Sunflower Seed)

Batter (Water, Maize flour NON-GMO, Rice flour, Modified maize starch NON-GMO, Tapioca starch, Salt, Maize starch NON-GMO, Tapioca dextrin, Raising agent (E450), Stabilizer (E415), Turmeric extract, Colourant (E160c))

### ALLERGENS & RELIGIOUS CERTIFICATIONS



Allergens:  
None



All our products and the raw materials used are not derived from or contain any Genetically Modified Organisms



Suitable for:  
Vegetarian Diet



Certifications:  
Halal (SANHA)



Kosher (Beth Din)

### NUTRITIONAL INFORMATION

	Per 100g	Per 80g Single Serving
Energy (kJ)	557	446
Protein (g)	0.5	0.4
Glycaemic Carbohydrate (g)	14	15
of which total sugar (g)	9.1	7.3
Total fat (g)	5.5	4.4
of which saturated fat (g)	1.0	0.8
of which trans fat (g)	<0.1	<0.1
of which polyunsaturated fat (g)	3.2	2.6
of which monounsaturated fat (g)	1.4	1.1
Cholesterol (g)	<1	<1
Dietary Fibre* (g)	3.4	2.7
Total sodium (mg)	210	168

\*AOAC, 1990

Information applies to product as packed.  
Nutritional information is based on South African Medical Research Council Food Composition Tables.